



HigherStride

Football Recruiting & Student-Athlete Advising

Your talent. A greater purpose.

GRADE 10 | SOPHOMORE | FAMILY GUIDE

Sophomore Evidence

Turn development into an honest picture.

Organize credible film, get qualified feedback and explore college environments before spending heavily on exposure.

Start with these priorities

1. Audit film quality and keep full-game context alongside selected clips.
2. Seek qualified, position-specific feedback with a clear date and written priorities.
3. Recheck the academic course plan before next year's classes are set.
4. Explore college size, location, programs and likely family costs without treating interest as an offer.

A private family readiness check

Mark what is true today. An unchecked item is a useful question, not a failure.

- ☐ Our film links open and identify the athlete clearly.
- ☐ Full-game context is available with selected clips.
- ☐ Measurements are sourced and dated, not exaggerated.
- ☐ We know the evaluator's qualifications and any conflicts.
- ☐ Next-year course questions are ready for the counselor.
- ☐ Each proposed camp has a purpose and a total budget.

Choose the right amount of help

Start with existing coach feedback and usable film. A planning session may help connect the pieces. New specialist evaluation is separate from a basic Roadmap and should be scoped and priced before purchase.

Independent education and planning. No school endorsement or recruiting outcome is implied. Preview resource, reviewed 20 October 2026.

Your next seven days

Choose a manageable pace. The athlete leads; adults help with logistics and questions. These are planning suggestions, not recruiting contact dates.

Day 1 Collect two recent full-game links if available; otherwise ask the coach how to obtain usable evidence.

Day 2 Check that the athlete and plays are easy to identify.

Day 3 Ask a qualified evaluator what additional evidence is needed.

Day 4 Confirm next year's course questions with the counselor.

Day 5 Compare three different college environments without ranking them.

Day 6 Screen one proposed camp for fit, cost and purpose.

Day 7 Choose one development target and a review date.

Our evidence and camp decision sheet

Complete privately. Do not post student records or identifying information.

The evidence gap we want to close

Who can give qualified feedback

One college environment to explore and why

The purpose and total cost of one proposed event

Our decision and the next review date

When to pause and verify

If the only reason to spend is fear of falling behind, pause. Ask what the event or service will help your athlete learn or decide.

Rules depend on the pathway

Film, camp invitations and questionnaires do not establish a roster offer or eligibility. Before any outreach or visit, verify the rules for that specific program, action and date.

Grade is a planning stage, not permission for coach contact. Verify the current association, division, football, activity and calendar rules with the college compliance office. Admission, athletics eligibility, aid and roster decisions are separate.

Official starting points: [NCAA recruiting](#) | [NCAA eligibility](#) | [NAIA](#) | [NJCAA](#). Consult the current rules for the student, not a universal grade checklist.